



welcome

THERE'S NO PLACE LIKE HOME







## Ave Maria Community Care Homes, Inc.

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[www.avemariacare.com](http://www.avemariacare.com), [info@avemariacare.com](mailto:info@avemariacare.com)

*The Doe Family would like to thank you personally for your interest in our homes.*

*We understand that selecting a home is not just about the physical structure, it's also about the professionalism and care you receive throughout the process. We want you to know that we greatly respect your time and your needs.*

*We are proud to say that we're family owned and operated and have been offering quality care for over 25 years. Our goal is to provide you with the most courteous and knowledgeable attention as you explore your options. We pride ourselves on going above and beyond to understand your needs as you contemplate moving into a new home.*

*Again, thank you for your consideration. We look forward to serving you.*

*With highest regard,*

Claire, Loren, Steve and Christina  
Owners of Ave Maria C.C.H., Inc.







## Dedicated to Caring

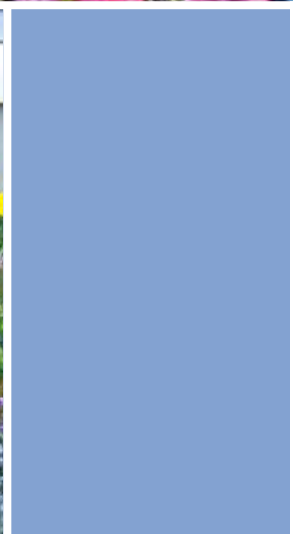
*We strive to make the transition into residential care less stressful and even enjoyable. You can be assured that our main concern is caring for the needs of our residents.*

Ave Maria Community Care Homes are dedicated to surrounding our residents with a setting that is caring and comfortable.

We have created an environment that is safe, loving and family oriented, and designed to maintain high levels of independence and dignity. Our residents truly are our "Extended Family."

We welcome your inquiries. Call our office anytime with any questions you may have; or make an appointment to speak with one of our office personnel about what our homes have to offer.

We encourage you to spend some time at our homes. Take a look around, visit with our residents, and get a feel for the atmosphere. We will schedule a tour any day of the week. We think you'll find that our environment is just what you are looking for and will meet your every need.







“ ...You all became such an important part of my life, everyone at Our Lady of the Meadows, residents and staff. I am so grateful for the care that my mother and I received. In the most sensitive and difficult times, I always felt the grace of your love and care. Thank you, sincerely thank you for all that you do for the families and residents at Our Lady of the Meadows. ”

Carol Egan



## *Three Residential Care Homes*

### **Level III Residential Care Home**

Level III Residential Care is an alternative to living alone while maintaining a high degree of dignity and independence. Direct care staff are available 24 hours a day to assist you with activities of daily living. Residential care, sometimes referred to as assisted living, can help with overcoming the isolation of living alone. Residents may choose a private or companion room, with a private bath. All share dining rooms, lounge areas, and sun decks.

### **Ave Maria**

Ave Maria Home is recognized for its ability to nurture the elderly with quality care. Ave Maria has a relaxed, homey, warm, clean, and bright environment.

This Victorian styled house offers five private rooms with bath, and five shared rooms. Located in the village, residents at Ave Maria Home can access the library, bank, town hall, restaurants, stores, and a drug store.



## Our Lady of the Meadows

Our Lady of the Meadows is dedicated to preserving the quality of family life with an atmosphere of caring concern. Our attention is focused on detail, variety of choices, and affordable prices. Our mission is to help resident's get past the chore of daily living to living each day to the fullest.

Our Lady of the Meadows provides a bright, clean, friendly atmosphere. This home is located in a rural setting, and is perfect for relaxing in the fresh air, gardening, and short walks. It also offers 25 private rooms with bath, a chapel, a fully equipped salon, piano lounge, whirl pool tub, central court yard used for barbeques and activities.



## Saint Josephs

*Saint Josephs is specially designed for residents with Alzheimer's and other memory impairments.*

St. Josephs combines the support and compassion of our staff with routines to help our residents feel successful every day. Specially trained staff (including validation training) are present to assist and provide loving care to every resident 24 hours a day. Structured activities are offered each day and are continued into the evening. St. Joe's offers a spa, screened in porch, den, and great room with hearth, two dining areas and an activity kitchenette.





## Our Rates

Our daily rate for Room, Board and Services varies with room location and whether it's a companion room or private. We understand that the daily cost is a key consideration and we are available anytime to discuss the various options offered. Unlike other homes, our rates are not tiered based on the amount of daily care needed over time. Our daily rate remains the same regardless of staff time required for care and only increases annually based on overall increases in labor or other costs.

After visiting you may ask to be placed on a waiting list; but to reserve a room we require a \$500 admission fee. This fee is refundable if circumstances change and the resident is not admitted.

Medicare does not cover the cost, but some long term care insurance policies do; check with your agent to determine if you have Level III Residential Care coverage.

Residents with limited financial resources may receive assistance with the cost of care through one of two Vermont Medicaid Programs called Long-Term Care Medicaid/Choices for Care or Assistive Community Care Services. The eligibility of each applicant is determined by the State.

## *Rates & Amenities*

### Ammenities

**All Our Homes offer the following,**

- Spacious rooms with private bathrooms
- Handicap Showers
- Security
- Companionship
- 24 hour care staff
- 24 hour awake supervision
- Nursing Overview
- On call RN staff
- Assistance with personal care
- Beautician services
- Religious services
- Cable TV & phone service in each room
- On call Registered Nurse during evenings
- Community involvement
- Housekeeping services includes laundering of linens and the residents personal laundry
- Respite options
- In house doctor visits
- Planned activities
- Lounge areas
- Dining areas
- Covered porches
- Fire alarm and Sprinkler systems
- Fresh bath linens daily
- Bed linens weekly and as needed

### Dining

- We serve three nutritious meals a day.
- We provide alternative options for dietary restrictions.
- We provide snacks as well.
- We offer a variety of healthy beverages
- Guests are welcome to share dinner (please let us know in advance... donations are appreciated).







## Religious/ Spiritual Services

- Blessings at meals
- The Holy Family Chapel at Our Lady of the Meadows is open 24 hours a day
- Daily rosary
- Mass three days per week
- Weekly bible study
- Worship services monthly
- Ecumenical pray services

## Activity Program

Our goal is to have failure free activities for each resident to elevate their sense of independence, satisfaction, and self esteem.

We get to know each resident's interests, hobbies, routines, and preference of activities.

We offer activities seven days a week and multiple times per day. With activities available daily, our residents are able to partake in those they enjoy most. A schedule is posted well in advance and residents are invited so all have an opportunity to join. We encourage family, friends, and guardians to stay involved in their loved ones life. All are welcome to join in on any activity on any day.

## *Community & Personalized Care*

### Community Involvement

We have regular adult volunteers who come to visit and interact with the residents weekly. Residents who are able and interested in attending events within the community (such as church bazaars, shopping trips, and so forth) are transported and greeted by smiling volunteers ready to enrich the resident's experience. Schools within the surrounding communities frequently come to visit and entertain our residents. We take every opportunity to turn activities into parties!

### The Types of Activities Offered

- Music – Making music, listening, entertainment by volunteer musicians, sing along, and listening to environmental sounds
- Light exercise classes are held daily to music. Games such as bowling, shuffle board, indoor golf, beach ball toss, ring toss, and bean bag toss are a fun way to maintain eye and hand motor skills.
- We have various types of crafts and games available for groups or individual activity.
- Sensory stimulant activities such as baking include touch, taste, smell, hearing, and visual stimuli.
- Our residents are oriented to the year, month, day, time, news, current events, and weather daily.

The activity program's concentration is to enhance the resident's life with opportunities to share experiences, reminisce, and most of all to laugh while enjoying these Golden Years.



## Personalized Services

Upon admission the nursing staff develops a care plan which incorporates aspects of daily living; thereafter every three months the care plan is reassessed (except for noticeable changes). Each resident is encouraged to participate in his/ her personal care in as many ways possible for as long as the resident is able to retain those skills.

## Maintaining Daily Routines

Staff integrates well planned activities into all aspects of life. Our residents regularly bake goods that are then served at regular snack times. Folding clothes, sweeping, setting and clearing tables, light gardening, personal care, hairdressing, and manicures can be valuable activities.

## Medication Management

We have staff who are trained to help with medication management. We provide oversight to make sure medications are taken properly. The nursing staff coordinates with the pharmacy for prescription refills, and medication administration.

## Respite Care

Being a caregiver is an around the clock commitment. We offer day and overnight respite programs that are designed to let caregivers take time out to relax and recharge while their loved one receives quality personalized care.

Respite stays can be as short as one day or a few months. It's an excellent opportunity for caregivers to take needed vacations, attend weddings, travel or just get away for a few days.



“ I had the occasion to spend some extended time at Our Lady Of The Meadows during my mom’s recent illness. During this time it gave me the opportunity to witness some very gifted caregivers. Having been involved in healthcare myself, I can attribute wholeheartedly on the extraordinary care, patience, and kindness, not only extended to my mom, but to all the residents at Our Lady Of The Meadows. I feel very blessed that I found this little bit of heaven tucked away in Richford, Vermont. ”

Louise Jodoin





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